

Irish ~~The good~~ die young

With successive studies demonstrating that people of Irish origin living in the UK have significantly higher rates of heart disease than almost any other ethnic group, there is an urgent need for effective and focussed action by health and social care providers to address the problem.

Wednesday, 31 January 2007 - The King's Fund, Central London

Purpose of the conference

It is now urgent that agencies responsible for delivering health and social care, and health promotion, services are made aware of the extent of heart disease among people of Irish origin living in the UK. No significant improvements are noted in second and third generations, suggesting that a number of intractable issues relating to lifestyle, early intervention, and delivery of treatment and prevention services must be specifically addressed within local delivery plans and wider government health targets.

This conference aims to:

- Set out the statistics which demonstrate how Irish communities are suffering significantly higher rates of heart disease and related health problems than other ethnic minorities
- Explain how the needs of the Irish can be specifically included in organisations' service delivery plans
- Provide examples of some of the existing initiatives taking place with Irish communities, and of other good practice

Key speakers

- Chair - Dr Gabriel Scally, Regional Director of Public Health, Government Office for the South West
- Professor Roger Boyle, National Director for Heart Disease, Department of Health
- Averil Dongworth, Chief Executive, Barnet and Chase Farm Hospitals NHS Trust
- Dr Mike Knapton, Director of Prevention and Care, British Heart Foundation
- Caroline Flint MP, Minister of State, Department of Health - invited
- Bridget Riches, Director, National Programme Delivery (Health Improvement Directorate), Department of Health

The conference will also feature workshops and information on a new Irish Heart Disease Network for professionals with an interest in Irish health.

Sponsored by



Cara Irish Housing Association

Who should attend

- Senior NHS management with responsibility for strategic planning and service delivery relating to coronary care
- Specialist heart disease and chest pain staff based in hospitals
- GPs with Special Interests in heart disease and prevention
- Community health practitioners
- Department of Health
- Regional government including Public Health Directors
- Organisations with specialist knowledge (eg British Heart Foundation)
- Health promotion specialists
- Healthy Living Centres
- Sure Start
- Social services
- Nutritionists
- Irish housing associations
- Academics with an interest in Irish health

Agenda (subject to change)

- 9.00 - 10.00 Coffee and registration
- 10.00 - 10.15 **Time for a check-up: Coronary Heart Disease in people of Irish descent**
Conference chair - Dr Gabriel Scally, Regional Director of Public Health, Government Office for the South West
- 10.15 - 10.25 **Introductory statement by Caroline Flint MP, Minister of State, Department of Health**
- 10.25 - 10.45 **Defining ethnic differences in cardiovascular disease and the NHS response**
Professor Roger Boyle, National Director for Heart Disease, Department of Health
- 10.45 - 11.05 **Promoting culturally competent practices with interventions to engage Irish people**
Dr Mike Knapton, Director of Care and Prevention, British Heart Foundation
- 11.05 - 11.20 Open forum
- 11.20 - 11.50 Coffee
- 11.50 - 12.10 **Addressing Irish needs in our service delivery plans**
Averil Dongworth, Chief Executive, Barnet and Chase Farm Hospitals NHS Trust
- 12.10 - 12.30 **Strategies and resources to promote changes in lifestyle**
Bridget Riches, Director, National Programme Delivery (Health Improvement Directorate), Department of Health
- 12.30 - 12.45 Open forum
- 12.45 - 1.45 Lunch
- 1.45 - 2.45 **Workshops - first session**
 1. **Strategies for NHS Trusts to promote early intervention** - Noirin Egan, Specialist Chest Pain Nurse, Chase Farm Hospital
 2. **Encouraging take up of CHD services by Irish communities at primary care level** - Dr Cummins, GP with Special Interest (CHD)
 3. **Understanding the Irish lifestyle, diet and approaches to combating poor nutrition** - Vicky Smith, Healthy Living Coordinator, London Irish Centre
 4. **Borrowing from other Minority communities: the South Asian experience**
Mina Bhavsar, Head of Service Improvement, Leicester City PCT
 5. **Establishing relationships through Irish community organisations and health and social care providers** - Karen McHugh, Brent Irish Advisory Service
- 2.45 - 2.50 Move to second workshop (with refreshments)
- 2.50 - 3.50 **Workshops - second session** (As above)
- 3.50 - 4.15 Optional briefing: Keeping in touch on Irish heart disease - a new Network
- 4.15 Close of conference (tea available)

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To book on-line, go to www.ccclimited.org.uk

DELEGATE BOOKING FORM

FAX BACK TO 0115 916 3106

<input type="checkbox"/>	Full delegate rate	£ 150.00 + VAT £26.25 (total £176.25)
<input type="checkbox"/>	Reduced rate	£ 110.00 + VAT £19.25 (total £129.25) (limited number available only to small registered charities with 10 or fewer employees)
Registered charity number		

DELEGATE DETAILS (please print in black ink)

Please photocopy this form for more than one delegate.

Title: Mr/Ms _____

Full Name: _____

Job title: _____

Organisation: _____

Telephone: _____

Email: _____

Address: _____

Special requirements:

(eg access, diet etc)

Workshop Choices

Workshops run twice so please choose **TWO** workshops:

1 2 3 4 5

Disclosure of details to other delegates

Tick this box if you do not wish your details (name, job title, organisation) to be included on the delegate list, or retained for future mailings.

Terms and Conditions

This booking form constitutes a legally binding contract. Cancellations made by 5 January 2007 will be subject to an administration charge of 25%. We are unable to give refunds on cancellations made after this date, or for failure to attend the conference. Alternative delegates will be accepted and should be notified in writing.

Terms and Conditions

Neither Central Conference Consultants Ltd, nor the Federation of Irish Societies are responsible for events beyond their control, which may impact upon the event, or may prevent delegates attending.

To Book

- FAX this form to Central Conference Consultants Ltd on 0115 916 3106
- POST this form to Central Conference Consultants Ltd, 23 Barratt Lane, Attenborough, Nottingham NG9 6AD

Telephone queries

If you wish to speak to us regarding your booking, please telephone Central Conference Consultants on:

0115 916 3104

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Booking a place

To book a place at the conference, you may either:

- complete the booking form on the reverse of this page - and fax or post it to Central Conference Consultants Ltd, or
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Your organisation will be invoiced for the delegate fee (see booking form), which includes access to all conference sessions, all refreshments, a two course lunch, and a delegate pack.

Your booking will be confirmed by email (unless you do not have access to email). If you do not receive a confirmation within 7 days, it is likely that we have not received your booking - please ring to check.

Venue, directions and accommodation

The conference will take place at **The King's Fund, 11/13 Cavendish Square, London W1G 0AN.**

The nearest underground station is Oxford Circus.

If you intend to drive, please be aware that the King's Fund is within the Congestion Charge area, and parking is expensive.

Along with confirmation of your booking, you will receive a map and details of local hotels with guideline pricing. You are responsible for booking your own accommodation.

Call for research and good practice

The Federation of Irish Societies is interested in hearing from anyone who is working on research into heart disease and the Irish, or who has an example of good practice to share. Contact Central Conference Consultants Ltd for further information - **0115 916 3104** or conferences@ccclimited.org.uk

About the Federation of Irish Societies

The Federation of Irish Societies is a non-party, non-sectarian umbrella organization which provides a cohesive voice for the interests of the Irish in Britain. Its member organisations across the UK provide a range of services to their local communities, in particular health and social care.

As part of its commitment to representing the interests of the Irish community in Britain, the Federation has regular meetings with representatives of the government and political parties in Britain and Ireland, as well as with statutory and voluntary bodies in both states in these islands. It campaigns for consistent ethnic monitoring, with an Irish category, by local authorities and service providers. FIS successfully campaigned for an Irish category in the ethnic question in the 2001 census, in order that information will be available to support service development and to ensure that the needs of Irish people in Britain are met on an equitable basis.

You can visit the Federation's website on www.irishsocieties.org

For further information about the conference call
Central Conference Consultants Ltd on
0115 916 3104 or email conferences@ccclimited.org.uk
or visit www.ccclimited.org.uk

